

PASSAVANT HOSPITAL FOUNDATION

A Legacy of Caring



A dream to create a future

It is said that there is nothing like a dream to create a future. Passavant Hospital Foundation's dream became its vision: to be a visible extension of the Passavant legacy of caring in making the region a leader in health care awareness, accessibility and quality. The Foundation's vision, in effect, is its North Star.

*Mark Burnett, Alice Burke,
Pam Taylor, Jean Wagner,
Ralph DeStefano, Cynthia Troup,
Janine Sidoruk*



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For Passavant Hospital Foundation, a non-profit organization independent of UPMC, making a difference in their surrounding communities is of great importance. It is the Foundation's core mission to support UPMC Passavant by advancing health and wellness through education, outreach and grant making.

The Passavant community has a proud history of more than 150 years of community residents dedicated to helping one another to improve the quality of life in our area. The Foundation's President and CEO Ralph T. DeStefano said, "The Foundation has adopted a mission to provide the support for unparalleled service and patient-oriented care so that the North Hills is a leader in health care quality and medical technology, while keeping its compassion for patients and their families. Hence, this is our legacy. This is our legacy of caring."

Formerly the CEO of UPMC Passavant, Mr. DeStefano accepted his current role with Passavant Hospital Foundation in 2009. As an active Board member of the Passavant family



*Ralph T. DeStefano, President and CEO of
Passavant Hospital Foundation.*

since 1976, Mr. DeStefano continues to lead the Foundation through many developmental changes. One of the latest changes includes the opening of the new Passavant Hospital Foundation Conference Center and Legacy Theatre located at Cumberland Woods Village, an independent living community on the 134-acre campus of UPMC Passavant McCandless. Community-based donations from a \$16.4 million fund helped in the creation of the building, which hosted the Foundation's first-ever day-long Women's Health and Fitness Expo in September 2010.

Jean Wagner, Director of Foundation Services and Board Relations for Passavant Hospital Foundation, said, "The Expo was created as a day for all women, to help them lead a healthier and more balanced lifestyle. It also provided opportunities to meet the experts and get answers to their questions, to learn to try new things and to get the chance to make changes necessary to lead a healthier, more active and more fulfilling lifestyle."

Underwritten by the signature sponsor, Baierl Subaru, Ms. Wagner shared that "more than 600 people of all ages attended this event." The Expo offered multiple seminars, workshops, screenings and a resource health fair. "It's the ongoing community contributions and sponsor support that allows the Foundation to offer programs and events such as this Expo free of charge to the community," stated Ms. Wagner. Watch for an announcement for the 2011 Expo date.

A member of the Passavant family since 1976, Ms. Wagner transitioned to the Foundation in 2003 for the purpose of establishing and developing outreach programs. These programs include the successful Extending the Care ETC Series, Bridge to Hope and the Legacy Music Series. "The Passavant Hospital Foundation has continued to show a strong commitment to the community through active participation with its members. The ETC lecture series, with its focus on awareness and prevention, is a strong indicator of their dedication to the community," stated Doctor Matt El-Kadi, Chief of Neurosurgery for UPMC Passavant.

The Women's Health and Fitness Expo is just one of the many outreach programs under the ETC series that was developed by Ms. Wagner. ETC health and wellness events are open to the community periodically throughout the year and are mostly free of charge. Doctor Daniel Edmundowicz, Director of Cardiovascular Medicine for UPMC Passavant, and a frequent speaker for the ETC programs said, "The ETC outreach program is a wonderful opportunity for the community to interact with clinicians and become informed about important health topics."

2010 was a milestone year for the ETC program series. Over 200 people attended the Foundation's Breast Cancer Symposium this past October, which focused on expanding both the awareness of and education about breast cancer. In order to continue awareness about ongoing self breast checks, special, handmade breast cancer awareness key chains were distributed to all attendees. These key chains make a thoughtful and important gift to loved ones to help remind them about regular self checks. These key chains are available for purchase in the Gift Shop at UPMC Passavant McCandless for \$10. All proceeds benefit the Foundation.



The new 250-seat Passavant Hospital Foundation Legacy Theatre

In their ongoing mission to advance health and wellness through education, the Foundation has plans underway for new ETC seminars in 2011. One of the seminars that will take place later in the year will be a Lung Cancer Symposium, which will offer continuing education for medical professionals. Also included in the lineup for 2011 is an event that is being planned to address a relevant topic through community education, Autism through the Lifespan. The Foundation is hosting this new event on April 13 and 14. This program will focus on living with autism from early childhood through adulthood, and is open to the community, medical and educational professionals. Topics will include current research and implications of the condition, diagnosis and education, and review of state and federal legislation. Through this event and others like it, Passavant Hospital Foundation remains steadfast in its commitment to health-related education in the northern region communities. All three of these events will be held at the Passavant Hospital Foundation Conference Center and Legacy Theatre.

Another outstanding outreach program is the Bridge to Hope, which gives support and education for those who are suffering with a loved one's substance abuse. Joan Ward of Bridge to Hope said, "Fear and isolation are such a part of the disease of addiction. Families often find themselves feeling afraid and alone... Through the generosity of the Passavant Hospital Foundation, the Bridge to Hope is able to offer families support and education so they know that they are not alone. The organization's motto says it all . . . 'There's no place like Hope.'"

The newest of the outreach programs, the Legacy Music Series, is supported by talented volunteer musicians who perform in a casual environment at UPMC Passavant McCandless. Playing music from classical to new age repertoires, these musician play a key role in helping to provide a healing and calming environment within the hospital. Christine Soroka, President of Pittsburgh Music Live, LLC, said, "I was so pleased when one of my students told me that she was going to be a volunteer musician for Passavant Hospital Foundation's Legacy Music Series. I immediately asked her if I could join her, and now we have a treasured memory together. Jean Wagner for Passavant Hospital Foundation should be congratulated for seeing the value of starting this wonderful program at Passavant, and inviting musicians from the community to be involved." As a result of

the great feedback received for the Legacy Music Series, Ms. Wagner noted that, "the Foundation is exploring ways in which to expand its charitable endeavors and share the gift of fine music with even more people of the greater North Hills community."

Passavant Hospital Foundation has not singularly focused its efforts on its ETC health and wellness programs; it has also made great strides in grants for UPMC Passavant McCandless and UPMC Passavant Cranberry. Each year the Foundation budgets funding for hospital departmental grants that focus on patient and employee satisfaction, safety and quality improvement. In the fall of 2010, eleven projects that totaled over \$100,000 were approved by the Foundation Board of Directors, composed of 14 community members and chaired by William E. Troup. Giving back to the community through hospital departmental grants is a long-standing philosophy of the Foundation.

With Passavant Hospital Foundation's legacy of caring, the Foundation continues to give back to the community. The ongoing campus beautification program offers lush foliage and is a great solace to the patients who observe the landscape. Through the efforts of Master Gardner Maryellen Lippert, patients, staff, families and friends can enjoy the beautiful third floor terrace garden. There are also numerous garden clubs and community groups, as well as staff, that volunteer their time to make the hospital a beautiful place. Ingomar Garden Club was recently recognized with the Pennsylvania Horticulture Society's Community Greening Award for their work through the Foundation's beautification program at UPMC Passavant McCandless.

Passavant Hospital Foundation is a worthy organization because of its positive influence on the lives of patients and their families, hospital guests, physicians and staff and residents in the surrounding regions. Philosopher William James said, "The greatest use of a life is to spend it for something that will outlast it." To help the Foundation continue its dream for the future, please consider making a gift to Passavant Hospital Foundation. For more information about the Foundation, please visit the website at www.passavanthospitalfoundation.org or call 412-367-6640. ▲



Pittsburgh native Kimberly Kong, a graduate student at the Julliard School, kicks off the Foundation's Legacy Music Series.

UPCOMING SEMINARS

Upcoming For Your Health Seminars at Cranberry Senior Center

FOR THE SAKE OF YOUR HEART...GENERAL CARDIOLOGY RISK FACTORS & PREVENTION
Presenter: Daniel Edmundowicz, MS, MS, FACC
Cranberry Senior Center
Wed., Feb. 16
12:30 p.m.

COLORECTAL CANCER...WHAT YOU NEED TO KNOW!
Presenter: Ved Kaushik, MD
Cranberry Senior Center
Wed., March 16
12:30 p.m.

GOOD NUTRITION FOR SENIORS
Presenter: Joan Avolio, RN
Cranberry Senior Center
Wed., April 20
12:30 p.m.

BLOODLESS MEDICINE AND SURGERY
Presenter: Perry Doebler
Cranberry Senior Center
Wed., May 18
12:30 p.m.

SPINE AS WE AGE...PREVENTION AND TREATMENT
Presenter: Matt El-Kadi, MD
Cranberry Senior Center
Wed., June 15
12:30 p.m.

ADVANCES IN CONSERVATIVE AND SURGICAL KNEE TREATMENTS
Presenter: Kelly Agnew, MD
Cranberry Senior Center
Wed., July 20
12:30 p.m.

HOW'S YOUR HEARING (FREE HEARING SCREENINGS PROVIDED)
Presenter: Mariann McElwain, MD
Cranberry Senior Center
Wed., Aug. 17
12:30 p.m.

PAIN IN THE ELDERLY & FAMILY ADDICTION
Presenter: Frank Kunkel, MD
Cranberry Senior Center
Wed., Sept. 21
12:30 p.m.

SHOULDER PAIN AS YOU AGE
Presenter: Joshua Szabo, MD
Cranberry Senior Center
Wed., Oct. 19
12:30 p.m.

HEALTHY LIVING WITH DIABETES
Presenter: Patrick McCarthy, RN
Cranberry Senior Center
Wed., Nov. 16
12:30 p.m.

Please call 412-367-6640 to register for seminars at the Cranberry Senior Center

Upcoming Extending the Care ETC Seminars at Community College of Allegheny County - North

UNDERSTANDING THE CARDIOVASCULAR SYSTEM AND YOU - PART I
Presenters: Daniel Edmundowicz, MD, and Darlene Loebig, RN
Tues., March 15
6:30 p.m. - 8:30 p.m.

UNDERSTANDING THE CARDIOVASCULAR SYSTEM AND YOU - PART II
Presenters: Daniel Edmundowicz, MS, MD, FACC and Darlene Loebig, RN
Tues., April 19
6:30 p.m. - 8:30 p.m.

WEIGHT LOSS AND WEIGHT MANAGEMENT
Presenter: Registered Dietitian, UPMC Passavant
Tues., May 17
6:30 p.m. - 8:30 p.m.

Please call 412-369-3701 to register for seminars at CCAC - North

Bridge to Hope Support Sessions for families affected by a loved one's substance abuse
Conference Room 1
Passavant Hospital Foundation
Conference Center at Cumberland Woods Village
UPMC Passavant McCandless Campus
Every Wed. 7:00 p.m. - 8:30 p.m.

BRIDGE TO HOPE - SIXTH ANNUAL VIGIL OF HOPE
Passavant Hospital Foundation
Conference Center
Wed., June 8
6:00 p.m.

Please call 412-367-6640 or visit bridge2hope.org for more information

Upcoming Seminars

AUTISM THROUGH THE LIFESPAN
Passavant Hospital Foundation
Conference Center & Legacy Theatre
Wed., April 13 and
Thurs., April 14
Two day event

SENECA VALLEY SCHOOL DISTRICT - HAINES & ROWAN PTO BIKE SAFETY EVENT
UPMC Passavant Cranberry
Sun., May 15
2:00 - 4:00 p.m.

WOMEN'S HEALTH & FITNESS EXPO
Passavant Hospital Foundation
Conference Center & Legacy Theatre
Date & Time: To be announced

LUNG CANCER SYMPOSIUM (CONTINUING EDUCATION SEMINAR FOR MEDICAL PROFESSIONALS)
Passavant Hospital Foundation
Conference Center & Legacy Theatre
Fri., November 4
All day event

Please call 412-367-6640 for more information

Upcoming Events

PASSAVANT HOSPITAL AUXILIARY'S TIP TOE THROUGH THE TULIPS SPRING FASHION SHOW AND LUNCHEON
Passavant Hospital Foundation
Conference Center & Legacy Theatre
Sat., April 30
Contact: Mark Burnett, Events & Programs Coordinator,
412-367-6644 or
burnettml@ph.upmc.edu

PASSAVANT HOSPITAL FOUNDATION'S 24TH ANNUAL GOLF OUTING
Treesdale Golf & Country Club
Mon., June 20
Contact: Pam Taylor,
Administrative Assistant,
412-635-5788 or
taylorps@ph.upmc.edu

PASSAVANT HOSPITAL FOUNDATION'S PATRIOTIC MUSIC TRIBUTE
Passavant Hospital Foundation
Legacy Theatre
Thurs., June 30
Contact: Mark Burnett, Events & Programs Coordinator,
412-367-6644 or
burnettml@ph.upmc.edu

PASSAVANT HOSPITAL AUXILIARY'S LIGHTS OF LOVE TREE LIGHTING CEREMONY
UPMC Passavant McCandless campus
Fri., December 2
Contact: Mark Burnett, Events & Programs Coordinator,
412-367-6644 or
burnettml@ph.upmc.edu

PASSAVANT HOSPITAL FOUNDATION'S HOLIDAY CELEBRATION MUSIC PROGRAM
Passavant Hospital Foundation
Legacy Theatre
Fri., December 2, 7:30 p.m.
Contact: Mark Burnett, Events & Programs Coordinator,
412-367-6644 or
burnettml@ph.upmc.edu